

Limestone District Skating Programs

“LDSP”

Operated By

**Skate Kingston
Loyalist Winter Club
Fort Henry Heights Skating Club**

Spring Skating Information

April 6 - May 27, 2010

**LDSP Skating Programs take place on the Rona Ice Pad at
the INVISTA Centre – 1350 Gardiner’s Rd Kingston
South on Gardiner’s Road from Hwy 401**

**Limestone District Skating Programs
Main Post Office
PO Box 1014
Kingston, ON
K7L 4X8**

Limestone District Skating Programs

GENERAL INFORMATION: SPRING SKATING

The organization of the Limestone District Skating Programs (LDSP) consists of three partner clubs: Fort Henry Heights Skating Club, Loyalist Winter Club and Skate Kingston. All home club members of the partner clubs can submit registrations at their respective clubs.

Please Note: You are not considered registered until both the **completed** application and payment have been received and processed. Skaters **MUST** be in good standing with their home club and Skate Canada. Registrations will **NOT** be accepted at the arena the first day of skating.

We will attempt to accommodate all skaters. In the event that the sessions are full, a priority system will be used. Applications will be prioritized in the following order:

1. Full packages of all home club members of the three partner clubs.
2. Full packages from the 2009 LDSP Spring Skating Program.
3. New full package memberships.
4. Partial packages from the three partner clubs.

Recreation Sessions

CANSkate, PrePower, Introductory Group and **Adult Learn to Skate** sessions are available this spring. The registration form for these sessions is not included in this package. Please see our *Recreational Programs* flyer for details.

STARSkate Sessions

A SESSION (Full – average of 3 sessions a week; Partial – 2 sessions a week)

This session is available in a full and partial package. It will include freeskate, skills, and dance. Lessons are private or semi-private and arranged between the skater(s) and coach. Semi-private lessons shall be held to a maximum of 3 skaters. Skaters eligible to register for this session are any currently enrolled in a StarSkate Program, Preliminary Group or CanSkate. Skaters in this session will be working on Preliminary Dance, Skills and Freeskate. "A" session skaters may choose to add the Introductory Group lessons to their package. It will be the parents' responsibility to pay the coach for the fees associated with private or semi-private lessons. All skaters on the private/practice session must hire a coach. Partial packages must indicate the specific skating days of choice. Space is limited, acceptance on a first from first served basis.

B SESSION (Full – average of 4 sessions a week; Partial – 3 sessions a week)

This session is available in a full and partial package. It will include freeskate, skills, and dance. Lessons are private or semi-private and arranged between the skater(s) and coach. Semi-private lessons shall be held to a maximum of 3 skaters. Skaters eligible to register for this session must be working on the following: Preliminary or Junior Bronze Freeskate AND/OR Junior Bronze Dance AND Skills. B session skaters may choose to add the B/C Freeskate to their package. It will be the parents' responsibility to pay the coach for the fees associated with private or semi-private lessons. All skaters on the session must hire a coach. Partial packages must indicate the specific skating days of choice. Space is limited, acceptance on a first from first served basis.

C SESSION (Full – average of 5 sessions a week; Partial 4 sessions a week)

This session is available in a full and partial package. It will include freeskate, skills, and dance. Lessons are private or semi-private and arranged between the skater(s) and coach. Semi-private lessons shall be held to a maximum of 3 skaters. Skaters eligible to register for this session must be working on the following: Senior Bronze Freeskate AND/OR Junior Silver Dances AND Skills. C session skaters may choose to add the B/C Freeskate to their package. It will be the parents' responsibility to pay the coach for the fees associated with private or semi-private lessons. All skaters on the session must hire a coach. Partial packages must indicate the specific skating days of choice. Space is limited, acceptance on a first from first served basis.

B/C Open (11 sessions)

This open session is for B and C qualified skaters to add to their B or C session packages. Space is limited, acceptance on a first from first served basis.

Guest Skating

Guest skating will be permitted on the B/C OPEN session **ONLY IF SPACE PERMITS**. Please contact the Session Co-ordinator or an LDSP Board Member to ensure that space is available on the date(s) in question. Guest skating fees **MUST** be paid to the Session Co-ordinator **PRIOR** to skating. *Please note: there will be no guest skating 2 weeks prior to the test day.*

Partial Packages

Partial packages have been offered for Sessions A, B and C. It **MUST** be indicated on the registration form the days that have been chosen as part of the partial package, there will be **NO** ability to change the days that have been chosen. There will be **NO** packages offered other than those contained within this package.

Spring Session Skating Qualifications

Skaters must register in the session that reflects their current skating level. This is based on a combination of the highest level of freeskate, skills AND dance. Skaters' final placement will be at the discretion of the LDSP Board. If skaters are to be moved within the sessions, confirmation will be distributed by email prior to the commencement of the spring session. Please be sure to include your email address on your application form.

A	B	C
Working on Preliminary Tests (skills dance and freeskate)	Working on Junior Bronze Freeskate AND/OR Junior Bronze Dances AND Skills	Working on Senior Bronze Freeskate AND/OR Junior Silver Dances AND Skills

All exceptions to the above qualifications must be requested by completing the form on the reverse of the registration form. Session changes will not be based on lesson availability of a coach or other scheduling conflicts. Requests must be submitted at the time of registration.

Schedule

The attached schedule is subject to change. Please check LDSP partner club websites for LDSP information and updates. Please be sure to submit your e-mail address to ensure you receive all notices and updates. All skaters may be required to assist with ice patching. If required, ice patching will take place during the last five minutes of the final scheduled flood of the day and between sessions should the need arise. Coaches are requested to determine the need and monitor the ice patching. Lessons may continue during this time.

Code of Conduct

All skaters and coaches must abide by the Code of Conduct. A copy of the Code of Conduct will be distributed to all skaters on the first day of Spring Skating. Cross-discipline coaching is permitted on freeskate only, however, cross-discipline music will not be tolerated during spring skating. No electronic devices are permitted on the ice (cell phones, I-Pods etc.) for any reason at any time. Please direct any concerns or questions to the appropriate Session/Day Co-ordinator.

Harness

Harness usage is not available during the Spring Session.

Refunds

Refunds will be issued for medical reasons; a medical doctor's certificate and written notification must be provided to the LDSP Board.

Test Day (May 29th and 30th)

A tentative test list is due on **April 29th**. Test envelopes are due **May 13th**. Please ensure your test envelopes are submitted to the appropriate Session Co-ordinator if you wish to try a test.

Credits

The use of credits is under the direction of the Home Club of the Skater. Please contact your respective home club Treasurer, if you wish to use credits for spring skating registration. The respective home club must verify the use of credits for spring skating prior to your application being submitted.

Feedback

All comments/suggestions/feedback are to be sent in writing. You may also contact your Session Co-ordinator or your LDSP club representative.

LDSP Board

Loyalist Winter Club

Fort Henry Heights Skating Club

Skate Kingston

Marguerite Daubney

Annette Stuart

Glenda Cartwright

Ann McFie

Cathy Fisher

Carolyn Crotty

mdaubney@cogeco.ca

castuart81@coegeco.ca

gk.cartwright@cogeco.ca

ann.mcfie@sympatico.ca

catfish8@cogeco.ca

ccrotty@cogeco.ca

**LDSP SPRING SESSION 2010 – Earlybird Deadline March 24th 2010
DEADLINE TO REGISTER April 6th 2010**

REGISTRATION FORM

Name: _____ Birthdate: D/M/Y _____

Address: _____ Telephone: _____

Email: _____ Male/Female: _____

Home Club: _____ Skate Canada #: _____

Coach: _____ Spring Skating 2009: Yes _____ No _____

Qualification: Skills _____ Freeskate _____

(Test Levels **passed**)

Dance _____ Interpretive _____

PAYMENT INFORMATION

SUB TOTAL Package(s) #: _____

ADD B/C OPEN ICE Package (B and C skaters) _____

DEDUCT Home Club CREDITS _____

TOTAL ENCLOSED _____

Partial Package Members circle the skating days for the Spring Session:

Monday

Tuesday

Wednesday

Thursday

Sunday

Please note that these days **MUST** be adhered to for the Spring Session.

Please note that May 25, 27 and 28 are available to all skaters in that particular session in preparation for test day.

Please make cheque(s) payable to “Limestone District Skating Programs” or “LDSP”. Fees may be paid in two installments: 1/2 due upon registration with the balance by post-dated cheque for 15 April 2010. All accounts must be paid in full before any tests may be submitted. Payment plans are available to only those members in good standing with their respective clubs. An administrative fee of \$30.00 will be charged for NSF cheques. Please note that you are not registered unless full payment accompanies the **COMPLETED** registration form.

Cash Received: _____ **Cheque #1 Amount** _____ **Dated** _____

Cheque #2 Amount _____ **Dated** _____

Release: In consideration of the benefits or potential benefits to me/us, the undersigned skater or his/her parents/guardians hereby agree to hold and save harmless the Limestone District Skating Programs or any of the four partner clubs: Skate Kingston, Loyalist Winter Club and Fort Henry Heights Skating Club or any facility used by the aforementioned organization/clubs from any claims for injuries, damage or loss of any kind whatsoever, however, or whatever caused and the aforesaid jointly and severally are all hereby accordingly released by the undersigned from all such claims. The undersigned also agrees to abide by all rules of the Limestone District Skating Programs and all Skate Canada rules in effect from time to time. **It is further understood that photographs taken during this time period may be used for promotion purposes for LDSP.**

Signature: _____ **Date:** _____

Parent/Guardian if skater under 18 years old

Home Club Signature: _____ **Credits Verified:** _____

**LIMESTONE DISTRICT SKATING PROGRAM
SPRING SESSION 2010**

**REQUEST TO REGISTER FOR SKATING SESSION ABOVE/BELOW THE SKATER
QUALIFICATION**

SKATERS NAME: _____ HOME CLUB: _____

CURRENT QUALIFIED SESSION: _____ REQUEST MOVE TO: _____

REASON FOR MOVE: _____

Please note that these requests will NOT be considered for coaching or other scheduling conflicts.

Parent Signature: _____ Date: _____

Coach Signature: _____

Board Decision: _____ Date: _____

LDSP SPRING SESSION 2010 FEE SCHEDULE

Package	SESSION	EARLY BIRD PRICE (BEFORE March 24 th 2010)	FULL PRICE (as of March 25 th 2010)
A	A Full Package (3 days)	\$175.00	\$225.00
	A Partial Package (2 days)	\$145.00	\$195.00
	Add Introductory Group	\$ 50.00	\$ 50.00
B	B Full Package (4 days)	\$315.00	\$365.00
	B Partial Package (3 days)	\$245.00	\$295.00
	Add B/C Open	\$100.00	\$100.00
C	C Full Package (5 days)	\$505.00	\$555.00
	C Partial Package (4 days)	\$425.00	\$475.00
	Add B/C Open	\$100.00	\$100.00
GS	Guest Skating on B/C Open (only if space permits)	N/A	\$25/session

There will be no partial packages provided other than those listed above.

IMPORTANT 2010 SPRING DATES TO REMEMBER

EARLYBIRD DEADLINE: March 24, 2010
REGISTRATION DEADLINE: April 6, 2010
TEST LIST DUE: April 29, 2010
TEST ENVELOPES DUE: May 13, 2010
TEST DAY(S): May 29 & 30, 2010

LDSP STARSkate – April 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6 B 5:00-6:20 pm Flood 6:20-6:30 pm B/C Free 6:30-7:10 pm C 7:10-8:50 pm Flood 8:50-9:00 pm	7 C 5:00-6:30 pm Flood 6:30-6:40 pm B 6:40-7:40 pm Flood 7:40-7:50 pm Adult 7:50-8:50 pm Flood 8:50-9:00 pm	8 A 5:00-5:50 pm Flood 5:50-6:00 pm B 6:00-7:10 pm Flood 7:10-7:20 pm C 7:20-8:50 pm Flood 8:50-9:00 pm	9	10
11 A 3:00-4:00 pm Flood 4:00-4:10 pm B 4:10-5:30 pm B/C Free 5:30-6:10 pm Flood 6:10-6:20 pm C 6:20-7:50 pm Flood 7:50-8:00 pm	12 A 5:00-5:50 pm Flood 5:50-6:00 pm CanSkate 5:50-6:40 pm Intro. 6:30-7:20 pm Flood 7:20-7:30 pm C 7:30-8:50 pm Flood 8:50-9:00 pm	13 B 5:00-6:20 pm Flood 6:20-6:30 pm B/C Free 6:30-7:10 pm C 7:10-8:50 pm Flood 8:50-9:00 pm	14 C 5:00-6:30 pm Flood 6:30-6:40 pm B 6:40-7:40 pm Flood 7:40-7:50 pm Adult 7:50-8:50 pm Flood 8:50-9:00 pm	15 A 5:00-5:50 pm Flood 5:50-6:00 pm B 6:00-7:10 pm Flood 7:10-7:20 pm C 7:20-8:50 pm Flood 8:50-9:00 pm	16	17
18 A 3:00-4:00 pm Flood 4:00-4:10 pm B 4:10-5:30 pm B/C Free 5:30-6:10 pm Flood 6:10-6:20 pm C 6:20-7:50 pm Flood 7:50-8:00 pm	19 A 5:00-5:50 pm Flood 5:50-6:00 pm CanSkate 5:50-6:40 pm Intro. 6:30-7:20 pm Flood 7:20-7:30 pm C 7:30-8:50 pm Flood 8:50-9:00 pm	20 B 5:00-6:20 pm Flood 6:20-6:30 pm B/C Free 6:30-7:10 pm C 7:10-8:50 pm Flood 8:50-9:00 pm	21 C 5:00-6:30 pm Flood 6:30-6:40 pm B 6:40-7:40 pm Flood 7:40-7:50 pm Adult 7:50-8:50 pm Flood 8:50-9:00 pm	22 A 5:00-5:50 pm Flood 5:50-6:00 pm B 6:00-7:10 pm Flood 7:10-7:20 pm C 7:20-8:50 pm Flood 8:50-9:00 pm	23	24
25 A 3:00-4:00 pm Flood 4:00-4:10 pm B 4:10-5:30 pm B/C Free 5:30-6:10 pm Flood 6:10-6:20 pm C 6:20-7:50 pm Flood 7:50-8:00 pm	26 A 5:00-5:50 pm Flood 5:50-6:00 pm CanSkate 5:50-6:40 pm Intro. 6:30-7:20 pm Flood 7:20-7:30 pm C 7:30-8:50 pm Flood 8:50-9:00 pm	27 B 5:00-6:20 pm Flood 6:20-6:30 pm B/C Free 6:30-7:10 pm C 7:10-8:50 pm Flood 8:50-9:00 pm	28 C 5:00-6:30 pm Flood 6:30-6:40 pm B 6:40-7:40 pm Flood 7:40-7:50 pm Adult 7:50-8:50 pm Flood 8:50-9:00 pm	29 Test List Due A 5:00-5:50 pm Flood 5:50-6:00 pm B 6:00-7:10 pm Flood 7:10-7:20 pm C 7:20-8:50 pm Flood 8:50-9:00 pm	30	31

LDSP STARSkate – May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 A 5:00-5:50 pm Flood 5:50-6:00 pm CanSkate 5:50-6:40 pm Intro. 6:30-7:20 pm Flood 7:20-7:30 pm C 7:30-8:50 pm Flood 8:50-9:00 pm	4 B 5:00-6:20 pm Flood 6:20-6:30 pm B/C Free 6:30-7:10 pm C 7:10-8:50 pm Flood 8:50-9:00 pm	5 C 5:00-6:30 pm Flood 6:30-6:40 pm B 6:40-7:40 pm Flood 7:40-7:50 pm Adult 7:50-8:50 pm Flood 8:50-9:00 pm	6 A 5:00-5:50 pm Flood 5:50-6:00 pm B 6:00-7:10 pm Flood 7:10-7:20 pm C 7:20-8:50 pm Flood 8:50-9:00 pm	7	8
9 A 3:00-4:00 pm Flood 4:00-4:10 pm B 4:10-5:30 pm B/C Free 5:30-6:10 pm Flood 6:10-6:20 pm C 6:20-7:50 pm Flood 7:50-8:00 pm	10 A 5:00-5:50 pm Flood 5:50-6:00 pm CanSkate 5:50-6:40 pm Intro. 6:30-7:20 pm Flood 7:20-7:30 pm C 7:30-8:50 pm Flood 8:50-9:00 pm	11 B 5:00-6:20 pm Flood 6:20-6:30 pm B/C Free 6:30-7:10 pm C 7:10-8:50 pm Flood 8:50-9:00 pm	12 C 5:00-6:30 pm Flood 6:30-6:40 pm B 6:40-7:40 pm Flood 7:40-7:50 pm Adult 7:50-8:50 pm Flood 8:50-9:00 pm	13 Test Env. Due A 5:00-5:50 pm Flood 5:50-6:00 pm B 6:00-7:10 pm Flood 7:10-7:20 pm C 7:20-8:50 pm Flood 8:50-9:00 pm	14	15
16 A 3:00-4:00 pm Flood 4:00-4:10 pm B 4:10-5:30 pm B/C Free 5:30-6:10 pm Flood 6:10-6:20 pm C 6:20-7:50 pm Flood 7:50-8:00 pm	17 A 5:00-5:50 pm Flood 5:50-6:00 pm CanSkate 5:50-6:40 pm Intro. 6:30-7:20 pm Flood 7:20-7:30 pm C 7:30-8:50 pm Flood 8:50-9:00 pm	18 B 5:00-6:20 pm Flood 6:20-6:30 pm B/C Free 6:30-7:10 pm C 7:10-8:50 pm Flood 8:50-9:00 pm	19 C 5:00-6:30 pm Flood 6:30-6:40 pm B 6:40-7:40 pm Flood 7:40-7:50 pm Adult 7:50-8:50 pm Flood 8:50-9:00 pm	20 A 5:00-5:50 pm Flood 5:50-6:00 pm B 6:00-7:10 pm Flood 7:10-7:20 pm C 7:20-8:50 pm Flood 8:50-9:00 pm	21	22
23 Happy Victoria Day	24 Happy Victoria Day	25 A 4:00-4:50 pm Flood 4:50-5:00 pm Ambassador Ice Pad Open to all A session skaters	26 No Skating	27 C 3:30-5:20 pm Flood 5:20-5:30 pm Whig Ice Pad Open to all C session skaters	28 B 4:00-4:50 pm Flood 4:50-5:00 pm Ambassador Ice Pad Open to all B session skaters	29 Test Day 10:30am-5:30 pm
						30 Test Day 8 am-4 pm