

**POLICY: HELMET USE**

**REFERENCE:**

**EFFECTIVE DATE:** May 1, 2011

**REVISED DATE:**

## **1.0 GENERAL**

All Skate Canada member clubs and skating schools who offer a CanSkate program must ensure all CanSkate and Adult CanSkate participants up to and including Stage 5 must wear a CSA approved hockey helmet while on the ice.

Clubs and skating schools must ensure this policy is enforced during all skating activities including competitions, carnival days or any other special on ice activities throughout the season for this level of skater.

Clubs and skating schools may choose to expand the use of CSA approved hockey helmets in their club as they see necessary. In general, anyone who lacks good control/balance when skating forward, backward and has difficulty stopping, as well as maneuvering around obstacles on the ice must wear a CSA approved hockey helmet.

## **2.0 HELMET USE DURING A COMPETITION OR TEST DAY**

A skater beyond a CanSkate Stage 5 level that chooses to wear a CSA approved hockey helmet during a competition or test day will not be subjected to any deductions in relation to the use of a CSA approved hockey helmet.